

Carroll County Coalition for Public Health/
Community Health Collaborative

Aging Workgroup

Meeting Minutes

Wednesday, December 14th, 2016

Sununu Room at TCCAP in Tamworth

(action items are in red!)

Welcome and Introductions(with successes and challenges):

- Marianne Jackson, Gibson Center BoD/Volunteer: success is the networking provided through the Carroll County Roundtable.
- Dolores Gifford, Central VNA Home Health Manager – Challenge with elder is Medicaid services, success working closely for CFI programs to cover programs not covered by Medicaid
- Kera Favorite/ Huggins Hospital -success lots of groups coming up, implementation complete and starting to work with other groups in the area. New CMC/Monadnock partnership to finalize in January will help to expand services.
- Jane Galloway/Genesis Healthcare at Mineral Springs- 3 powers of attorney, all intakes require video and long term care review every 3 months; challenge is appropriate placements for geriatric mental health patients as Mineral Springs does not have a secure unit.
- Mary Seavey Carroll County, Carroll County RSVP: 415 volunteers- challenge \$175k needs to be raised each year to keep program running- meals on wheels, medical transport, finding drivers
- Doris Dreyer Carroll County RSVP – Challenge is providing drivers for 5 towns with Meals on Wheels, drivers are in 70-80's
- Steve Warren – Abundant Blessings – collaborating on volunteers, volunteers are being certified in different areas
- Julie Lavoie, VNHCH/Tamworth Visiting Nurse: success is that mental health counseling in homecare is covered by Medicare, community events are underway increasing awareness about Advanced Directives (<http://www.vnhch.org/advance-care-planning>), presented “Being Mortal” movie on Oct. 5th (<http://www.vnhch.org/news/iteewr2123/Being-Mortal-Film-Event-to-be-held-Wednesday-Oct-5>) with more community events to be offered in future. Staffing is a challenge, LNA's hard to get, keep and pay. No insurance coverage for most people, and many cannot afford the 5 hour min private pay. Launching children bereavement group “Crossings” will be ready to serve after the 1st of the year.
- Danielle Koffenberger Memorial Hospital- success with falls prevention “Matter of Balance”, Challenge: how to reach those that want to be there

Review Goal & Objectives

- C3PH website act as a dashboard to display data extracted through “Wisdom”
<https://wisdom.dhhs.nh.gov/wisdom/#main>
- Measuring outcomes challenging – you can account for participation however collaboration with physician from the beginning necessary to help get results. We are tracking data not only for outcomes of patient but grant requirements – explain to patient their commitment is imperative for funding
- **Emily will create a table to begin to track the data, looking at both process and outcome data.**

Review Strategic Approaches

- **Nutrition**
 - RSVP Meals on Wheels services provided for Gibson, Ossipee Concerned Citizens, Wolfeboro Senior Center, Moultonborough Meals on Wheels, Tamworth Community Nurses
 - RSVP provide volunteers to 46 non-profits in Carroll County, all people who are homebound qualify for meals on wheels.
 - Congregate Meals Programs open to all ages: Gibson Center & Silver Lake Landing (\$), Ossipee Concerned Citizens (Free), Dinner Bell at the Brown Church in Conway (Free), Wolfeboro Senior Center (?), Tamworth and Moultonborough
 - Farmers have reached out to formalized providing produce to community. **Emily will reach out to G.A.L.A. to learn about their connections with senior population.**
 - Suggested expanding/sharing that grandparents can bring their grandchildren to Congregate Meals- questions is how is it tracked for data
- **Transportation**
 - Carroll County Regional Coordinating Council meets bi-monthly
<http://www.carrollcountyrcc.com/>
 - TriCounty CAP Blue Loon, Carroll County RSVP, Gibson Center.
 - RSVP local and long distance 1:1 volunteers stay with community member, Gibson drops off and cycle back. Blue Loon will do long distance if covered by insurance. All 3 work closely to meet the needs and provide the best services. Additionally there are volunteer drivers through Caregivers in Wolfeboro, and Tamworth Caregivers in Wolfeboro.
 - Freedom/Effingham area Church has volunteers that are willing to drive, not assigned to any specific group but will transport someone from the area. **Please send Emily info about volunteer driver opportunities through faith community in Carroll County to share at the next the Carroll County Regional Coordinating Council for transportation.**
 - BlueLoon is looking for a Coordinator responsible to reach out and identify where the needs are bring the buses to the area. For more info:
<http://tricountycaptransit.weebly.com/employment.html>

- **Housing**
 - Regional Housing Coalitions working on housing issues, we need to share information
 - MWV Housing Coalition's Senior Pines Apartments in Conway are FULL
 - Accessory Dwelling – legislation passed law that each town zoning must allow an accessory dwelling unit – will not be zoned like an apt. Benefits include multi-generational, full living space, financial benefit for families both for elderly and younger families. For more info go to: <https://www.nh.gov/oep/planning/resources/accessory-dwellings.htm>

- Home healthcare
 - WM Community College – LNA class starting in Feb. Organizations should consider sending their job postings to White Mountain Community College. Genesis/Mineral Springs works with their students to provide on-the-job training opportunities. Contact Jane Galloway at Genesis/Mineral Springs for more info: jane.galloway@genesishcc.com
 - Mineral Springs hire students from KHS HOSA, pay for LNA program in exchange year employment commitment. Organizations in southern part of county should check in with the program at Kingswood High School's Lakes Region Career Tech Center: <https://sites.google.com/a/govwentworth.k12.nh.us/kingswood/Home/lakes-region-technical-center> For more info on Career and Technical Student Organizations in NH: <http://www.ctsos.org/wp-content/uploads/2015/02/New-Hampshire.pdf>
 - Students need to shadow in nursing homes before going into home care positions, but should have opportunities to shadow home health workers to learn about these options in the nursing field
 - Medicare coverage should be expanded to cover routine household care for seniors. Would help them remain independent for longer.

- Community Engagement Programs
 - Huggins Adult Day Program, mostly private pay around \$80 per day: <https://www.hugginshospital.org/services/adult-day-program>
 - Country Style Adult Day Care – Janet Bennet - <https://www.facebook.com/countrystyleaduldaycare/>
 - Neighbor Care Program in Jackson: http://www.jackson-nh.org/Pages/JacksonNH_WebDocs/Jackson%20Neighbor%20Care%20Program
 - Carroll County Dispatch has a Good Morning Program. To learn more contact office at http://www.carrollcountynh.net/pages/carrollcountynh_sheriff/index They handle Good Morning Program in Conway and possibly other towns.
 - Good Morning Program in Sandwich: http://www.sandwichnh.org/content.php?show=project_good_morning
 - Home Instead Senior Care <https://www.homeinstead.com/> : organization which is expanding services in Carroll County

Upcoming Meeting

2017 Meeting Schedule: *All meetings take place quarterly on the second Tuesdays at TCCAP in Tamworth from 9-11am unless otherwise indicated* March 15th, June 14th, Sept. 13th, Dec. 13th

Minutes prepared by M.Ward, C3PH; Posted at <http://www.c3ph.org/aging-with-connection-and-purpose>